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# THINK *yourself* Rich!

We all have to live within our means; but prosperity expert *Randy Gage* explains why changing your attitude and mindset can affect what you attract into your life, starting with financial wealth

Why is it some people can be comfortable forking out £2,000 a month for fresh flowers, while others would hesitate to spend that much on a car? And, why are some earning £20,000 a year, while others pay that much just for their annual country club membership? It has to do with their mindset for prosperity.

Mindset is a fascinating thing because it doesn't just come into play for the things you buy. In fact, your 'money mindset' will be pretty consistent with the way you view other forms of prosperity. It determines what you believe you can accomplish, and even potentially what you expect from relationships.

When I teach my workshops, I tell students they have a chance for unlimited income potential. But no one actually hears the word 'unlimited'. If they have been making £20,000 a year, they equate it with £30,000 or £40,000 per annum. If they are used to taking home £65,000, they're like to think it is somewhere around £100,000. And if they get paid £100,000 annually, they probably envision about £200,000 as 'unlimited'.

The degree to which they see 'unlimited' in money terms will be consistent with how they view their prospects in health, relationships and, of course,

"ABUNDANT PEOPLE SEE OPPORTUNITY AROUND THEM; THEY NEVER THINK SOMETHING IS TOO GOOD TO BE TRUE; THEY EXPECT GREAT

What becomes apparent through recognising this limiting mindset is this: to develop a prosperous mindset, you need to expand your consciousness. You may start out thinking that £75 is an outrageous amount to pay for a floral arrangement, but gradually you can begin to see the beauty of a £150 one. Next, you can tell yourself it would be nice to have fresh flowers delivered to your home each week, and before you know it, you're spending £1,000 a week on them -





beauty it brings into your world. Ask yourself: could you spend £5,000 on a bag or beautiful coat? Or splash out £15,000 for a long-haul, first class airline seat, instead of £700 in economy? Do you believe you could part with £450,000 for a painting or sculpture in your house? But, of course, all things are

relative. If you earn £15,000 a year, it would be crazy to spend a grand on a bag. Then again, why limit yourself to that much

*Cosmic ordering*

## BREAKING CHILDHOOD PROGRAMMING



You probably developed your beliefs about money by the time you were 10 years old and have carried them into adulthood. For most people, these beliefs are very limiting. But the good news is they can be changed. You can't be treated for prosperity – you have to be open to receive it. And this means expanding your prosperity consciousness.

Instead of thinking about what is 'realistic', you must dream about what you really want. Things like driving through wealthy neighbourhoods, studying holiday brochures and reading luxury magazines all expand the window through which you see the world, and help you develop a larger prosperity consciousness.

When this type of mindset expands, your subconscious works to make these dreams come true. It creates confidence, drive and ambition. Your beliefs change and you begin to attract more prosperity into your life. But it all starts with mindset. Here are three ways to build upon yours right now:

**1 Script your perfect day:** One of my friends, Richard Brooks, leads a visualisation seminar where he directs people to write a script of their perfect day, involving as many senses as possible. To write yours, make it a compelling and thorough journaling of your perfect day. See into the future — the day you take your company public, make your first million, or open that new restaurant. Remember to involve all your senses to make the experience seem as real as possible. You want to see it, hear it, taste it, smell it, touch it and feel it. It is only when you first experience prosperity in your mind and heart that you can manifest it.

**2 Surround yourself with inspiring images:** Manifestation maps are another great way to programme your subconscious mind for prosperity. Take a poster and fill it with photos, drawings, graphics and visual affirmations of what you want to do, have or become. Put it somewhere you will see it on a regular basis and look at it everyday.

**3 Use daily reminders:** I also recommend using goal cards, positive statements in your diary, or even sticky notes with affirmations on them in your car, on your bathroom mirror or fridge. These will help you think about what you are trying to manifest, and the emotions you generate anchor the thoughts in your unconscious mind. The more of these you engage, the clearer the picture is in your mind. And the stronger the positive feelings, the



## SEVEN SPIRITUAL WEALTH LAWS

I believe there are seven spiritual laws you must live by to manifest true prosperity in your life. The discovery and implementation of these allowed me to turn my life around from abject poverty to abundant riches.

**LAW 1: The Vacuum Law** One of the fastest ways to manifest prosperity in your life is to create a vacuum. You are surrounded by good everywhere. The only lack is the one in your mind. Open it to receive prosperity and you will attract it to fill that space.

**LAW 2: The Circulation Law** Miserly hoarding leads to recession. When you circulate substance, you keep the river of prosperity flowing freely. When you give away money, shoes, clothes or other items you are no longer using, get ready to receive your good.

**LAW 3: The Imaging Law** Prosperity, like all forms of success, is created in the mind first. When you imagine things in your conscious mind, you are actually programming your subconscious to manifest them.

**LAW 4: The Law of Ideas** We manifest prosperity by the power of ideas. If you can think of something, you can probably manifest it.

**LAW 5: The Law of Reciprocity** What you give comes back to you multiplied. You can never 'out give' the universe. The more you offer, the more you get back.

**LAW 6: The Law of Tithing** You never know how your tithe will come back to you. Money is a common way, but it could also return in the form of reconciliation with someone you're estranged from, a gift, new relationship, healing or through a promotion.

**LAW 7: The Law of Forgiveness** If you hold onto thoughts of revenge, love can't walk in. If you carry resentment, you are hanging on to being a victim. And if you are doing that, there's no space in your mind to be a victor. Release negative feelings, as they only eat you up inside and prevent you from manifesting good.

"THOSE WITH A PROSPERITY CONSCIOUSNESS ARE DREAMERS; THEY IMAGINE A BETTER WAY, THEN WORK TO MAKE IT HAPPEN"

### Mind over matter

Creating true prosperity consciousness is about expanding your vision of what life can be for you. Abundant people see opportunity around them; they never think something is too good to be true; they expect great things.

Those with a prosperity consciousness are dreamers; they imagine a better way, then work to make it so. More importantly, they don't buy in to the negative and erroneous beliefs around them. If they are told something is too difficult or not possible, they simply smile at the thought. They are not easily swayed with the cowardly cautions of the crowd. Not that the those individuals are lying – they honestly believe things can't be done; they just don't know the difference between facts and beliefs.

Let's say a single guy moves to London. He goes to a nightclub and asks a girl to dance. She looks him up and down, and says, 'With you? I don't think so'. He retreats home

to nurse his wounds. A few days later, he tries another place, and a different woman. He gets rejected again. This is all the 'proof' he needs to illustrate the 'fact' that ladies are stuck up in London.

Another man moves to the City the same week. He bumps into the couple who live in the apartment next door while on the stairs, and they invite him over for dinner. A few days later, his car breaks down and a passing motorist stops to offer him assistance. He becomes convinced that people in London are friendly and welcoming.

So which guy knows the truth? Well, in each case it is the reality as they know it. But in neither example is it a fact. Both men have developed a belief. One has an idea that serves him; the other has one that does not. Each will probably attract more of what he expects, and each will likely fall prey to confirmation bias, finding continuing 'evidence' to support his belief.

### About the author

Randy Gage rose from being in jail as a teen to becoming a self-made multi-millionaire. He the author of eight books on success including *Prosperity Mind* and *Accept Your Abundance*, which have been translated into more than 25 languages and sold in their millions worldwide. With a style described as 'Deepak Chopra meets Dennis Miller', this personal prosperity provocateur prods people to ditch attitudes that are holding them back and grab opportunities previously hidden. Find out more at [RandyGage.com](http://RandyGage.com) and on

### RECOMMENDED READS:

Here are *Soul&Spirit's* other abundance-boosting book choices you might like to try:

■ *Gift: From Spiritual Wealth to Financial Wealth* by Elizabeth Francis (Capal Bann; £12.95). Visit [elizabethfrancis.co.uk](http://elizabethfrancis.co.uk) and also amazon

■ *The Buddha's Teachings on Prosperity: At Home, At Work, In the World* by Bhikku Rahula Basnagoda (Wisdom Publications; Amazon)

■ *Money and the Law of Attraction* by Esther and Jerry Hicks

